



## QUALIFICATIONS FOR SAFE SITTER® INSTRUCTORS

1. Willing to teach only under the direction of a Safe Sitter® Site Coordinator at a registered Safe Sitter® teaching site.
2. Committed to preparing young adolescents for the profound responsibilities of nurturing and protecting children.
3. Enjoy teaching young adolescents and acting as a role model.
4. At least 18 years of age with high school diploma or GED.
5. Completion of Safe Sitter® Instructor Workshop.
6. Committed to teaching at least 1 class per year, preferably 2 or more.
7. At least 2 years of paid or volunteer experience in nursing, medicine, respiratory therapy, emergency services, health education, early childhood education, youth work or child care experience including parenting.

### To teach or test choking rescue modules:

8. Current in any CPR course that requires a *minimum* of a skills performance test of infant and child CPR and relief of choking such as Heartsaver® CPR (American Heart Association).

### To teach or test CPR modules:

9. Current in any CPR Instructor course such as Heartsaver® Instructor Course (American Heart Association)  
**or** a Safe Sitter® Instructor who is current in any CPR course that requires a minimum of a skills performance test of infant and child CPR and relief of choking such as Heartsaver® CPR (American Heart Association) as long as the Instructor uses the DVD, *Infant and Child CPR in Safe Sitter® Class*.